

ZRT Educational Conferences Audio Recordings

Keys to Health
Portland, OR
July 28 - 30, 2011

Agenda:

John Monaco, MD: Clinical Case Studies - Bleeding Issues, Endometriosis and Contraception; Weight Management; Osteoporosis
Jennifer Landa, MD: Clinical Case Studies - Vasomotor Symptoms and Sexual Dysfunction; Sleep Disorders; Detoxification and Gut
David Zava, PhD: Insights into the Importance of Iodine
Bob Wood, RPh: Anxiety and Mood Disorders; Improving Patient Outcomes
Mark Newman, MS: Advances in Laboratory Testing
Alison McAllister, ND: Infertility; PCOS

The Endocrinology of BHRT
Orlando, FL
October 29 - 30, 2010

Agenda:

Lena Edwards, MD: Assessment and Treatment of Adrenal Dysfunction and Patient Case Studies
Jim Paoletti, Pharmacist: Clinical Application of BHRT and Physiologic Thyroid Replacement
David Zava, PhD: The Validity and Clinical Relevance of Hormone Testing and Case Report Findings and Interpretation

The Spectrum of BHRT and Wellness
Portland, OR
July 29 - 31, 2010

Agenda:

Alicia Stanton, MD: Hormone Harmony: How to Balance Your Patient and Adrenal Insufficiency: Signs and Symptoms
Diana Schwarzbein, MD: The Role of Insulin and Insulin Resistance in Physiologic Functions
Jim Paoletti, Pharmacist: BHRT Dosage Form Considerations and Physiologic Thyroid Replacement
Pam Smith, MD: The BHRT Link to Cardio Health and Patient Case Studies
Mark Newman, MS: Laboratory Testing in Saliva, Blood Spot and Serum
David Zava, PhD: Interactive Patient Case Reports

Evidence Based Physiologic BHRT and Wellness
Orlando, FL
October 22 - 24, 2009

Agenda:

Kenna Stephenson, MD: The Science Supporting BHRT; Clinical Case Studies in Hormone Balance; David Zava, PhD: Differentiation of Hormone Testing Methods; Jim Paoletti, Pharmacist: Obtaining Physiological Restored Balance; Differentiation and Treatment of Hypothyroidism; Jim LaValle, RPh, MS, ND, CCN: Nutritional Influences on Hormones, Diabetes and Cancer; Ellie Campbell, DO: Vitamin D; Clinical Case Studies in Hormones and Wellness; Sangeeta Pati, MD: The Endocrine Symphony; Clinical Case Studies in Hormones and Wellness

Cancer, Hormones, Nutrition and Beyond
Portland, OR
July 30 - August 1, 2009

Agenda:

David Zava, PhD: Breast Cancer and Hormonal Balance; Rebecca Glaser, MD: Breast Cancer: Relationships of Hormones and the Risks; George Yu, MD: Anabolic Dominance Shifted to Catabolic Dominance; Paul Savage, MD: Prostate Cancer: Relationship of Hormones, Risks and Therapy; Mark Rosenberg, MD: Integrative Cancer Therapy; Alison McAllister, ND: Taking Care of the Cancer Survivor; Mark Newman, MS: Pros, Cons and Clinical Validity of Testing Hormones in Saliva and Blood Spots; James Wilson, ND, DC, PhD: A Comprehensive Introduction to Detoxification; Pam Smith, MD: Nutritional Support of Cancer Patients; A Metabolic Approach to Cancer Treatments

A Holistic Approach to Bio-Identical Hormone Restoration Therapy and Wellness
Tucson, AZ
October 23 - 25, 2008

Agenda:

Wendy Rashidi, MD: A Holistic Approach to Balancing Hormones; James Wilson, ND, DC, PhD: A Comprehensive Introduction to Detoxification; The Role of the Endocrine System in Autoimmunity; George Gillson, MD, PhD: The Relevance of Transmethylation; The Role of Growth Hormone in the Metabolic Web; David Brownstein, MD: Drugs That Don't Work; Bio-identical Hormones; Understanding Hypothyroidism; Salt Your Way to Health; Mark Newman, MS: The Validity of Hormone Testing

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BHRT and Beyond
Portland, OR
July 10 - 12, 2008

Agenda:
Pam Smith, MD: The Hormone Symphony; Hormones and Health; David Zava, PhD: Breast Cancer Risks and Hormones: The Latest Information and Case Reports; John M Lee, MB, BS: The Evolution of Thyroid Treatments; David Brownstein, MD: Hypothyroidism and Lab Tests: The Disconnect and The Iodine Story; James Wilson, ND, DC, PhD: Thyroid and Adrenal Interaction; Mark Newman, MS: Validity and Clinical Relevance of Hormone Testing Options

Concurrent Sessions Agenda:
Alison McAllister, ND: PCOS and Infertility; Ellie Campbell, DO: Health Benefits of Vitamin D; James Wilson, ND, DC, PhD: A Clinical Approach to Xenoestrogens and Defective Liver Detoxification in Estrogen Dominance and Handling the Difficult Patient with Adrenal Fatigue; Bob Wood, RPh: Issues Associated with Hormone Imbalances; Carolyn Walker, MSN, ARNP: Breast Health - from a Clinical Perspective; Environmental Toxins and Hormone Disruption; Jim Paoletti, Pharmacist: Thyroid Gradient Levels - A Tool to Obtain Optimal Thyroid Function

Introduction to Male Hormone Balance and Advanced Female BHRT
Denver, CO
May 1 - 3, 2008

Agenda:
Paul Savage, MD: Basics of Men's Health, Patient Evaluation/Consultation, Benefit, Risks and Side Effects of Testosterone Therapy, and Treatment Options; Kenna Stephenson, MD: Hormonal Factors in Health Disorders: Weight Management, Cardio-Pulmonary, Resiliency and Autoimmune; Pam Smith, MD: The Hormone Symphony and Hormonal Factors in Health Disorders: Weight Management and Osteoporosis; James Wilson, ND, DC, PhD: Assessment and Treatment of Adrenal Dysfunction; Jim Paoletti, Pharmacist: Differentiating Hypothyroidism, Functional Hypothyroidism and Functional Metabolism and The Hormone Link to Breast Cancer Risks; Alison McAllister, ND: Hormonal Factors in Health Disorders: PCOS and Putting it to Practice

An Introduction to Bio-Identical Hormone Restoration Therapy
Bio-Identical Hormone Restoration Therapy & The Endocrine Balance
Orlando, FL
October 25 - 27, 2007

Agenda:
David Brownstein, MD: Understanding Hypothyroidism; David Zava, PhD: MPA vs. Progesterone in Breast Cancer Risk and Testing and Monitoring; James Wilson, ND, DC, PhD: Assessment and Treatment of Adrenal Dysfunction & Interrelating Adrenal Fatigue and Hypothyroidism; Jim Paoletti, Pharmacist: Practical Application of BHRT and Differentiating Hypothyroidism, Functional Hypothyroidism and Hypometabolism; Bridget Freeman, MD: The Science and Evidence Behind BHRT; George Gillson, MD, PhD: The Hormone Symphony and Understanding Measurement of Hormone Levels; Diana Schwarzbein, MD: Understanding Insulin and Insulin Resistance

Bio-Identical Hormone Restoration Therapy in Male and Female Patients
Portland, OR
July 26 - 28, 2007

Agenda:
David Zava, PhD: Progesterone vs. Medroxyprogesterone Acetate and Breast Cancer Risk; David Brownstein, MD: Overcoming Hypothyroidism; Kenna Stephenson, MD: The Rise and Fall of BHRT and The Hormone Restoration Model; James Wilson, ND, DC, PhD: Assessment and Treatment of Adrenal Dysfunction; Jim Paoletti, Pharmacist: Practical Application of BHRT and Differentiating Hypothyroidism; Bob Wood, RPh: The BHRT Patient Consultation and BHRT: The Patient Assessment; Mark Newman, MS: Validation and Clinical Relevance of Hormone Testing; Rebecca Glaser, MD: Hormone Therapy with Pellet Implants and Treating Disorders Associated with Hormone Imbalances; Alison McAllister, ND: Treating Disorders Associated with Hormone Imbalances; Kathryn Retzler, ND: Neurotransmitters and their Relationship to Hormone Imbalance and Introduction to Andropause; Carolyn Walker, MSN, ARNP: Mercury Toxicity; Ellie Campbell, DO: Vitamin D; Cheri Lynne Martin: Incorporating BHRT into Your Practice

Bio-Identical Hormone Restoration Therapy in Female Patients
Chicago, IL
June 14 - 16, 2007

Agenda:
Eldred Taylor, MD: The Science and Evidence Behind BHRT and Incorporating BHRT into your Practice; David Zava, PhD: Comparison of Conventional Hormone Replacement Therapy to Bio-Identical Hormone Restoration Therapy; Bob Wood, RPh: Assessment of the Patient; Sue Horton, RPh: Practical Application of BHRT - Dosing Considerations; Jim Paoletti, Pharmacist: Clinical Implications of Thyroid Endocrinology and Practical Application of BHRT - Dosing Considerations; Alison McAllister, ND: Clinical Implications of Thyroid Endocrinology and Practical Application of BHRT - Dosing Considerations; Mark Newman, MS: Testing and Monitoring BHRT; Rebecca Glaser, MD: Clinical Case Studies in BHRT; James Wilson, ND, CD, PhD: Diagnosing and Treating Adrenal Dysfunction; Carolyn Walker, MSN, ARNP: Clinical Case Studies Involving Thyroid and Adrenal Disorders with Q & A and Advanced Case Studies

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	<u>Price</u>	<u>MP3</u>	<u>Flash Drive</u>
Portland, OR July 28 - 30, 2011	\$100.00	_____	_____
Orlando, FL October 29 - 30, 2010	\$100.00	_____	_____
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Portland, OR July 26 - 28, 2007	\$50.00	_____	_____
Chicago, IL June 14 - 16, 2007	\$50.00	_____	_____

* MP3 Audio CD Description: A compressed digital recording compatible with PCs and MACs.

* Flash Drive Description: Same content as an audio cd but on a mobile storage media that's compatible with PCs and MACs.

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